



Consider participating in an employee giving campaign and help us raise more than \$730,000 in Washington County-East.
Click for more information

If you are interested in making a donation to United Way of Washington County East, please click [here](#)

Join Women UNITED for their Little Lumberjack Parade!

July 22nd
10-11 am

South Lowell Park

\$5/child or \$10/family

This parade, sponsored by Women UNITED of Washington County East, offers kids a great way to get some exercise and participate in an event which celebrates the beauty of our river valley.

Kids of all ages are invited to parade with us! Dress up as a LumberJack, LumberJane, or your favorite book, movie, or cartoon character. Moms and dads are welcome to walk with their kids. Strollers are welcome; however, bicycles are not allowed. After the parade there will be fun activities for the whole family to enjoy!



Applebee's: Dining to Donate

We are doing a fundraising night at Applebee's! Click the image to print out. Present this flyer to your server on July 25th from 4-9pm at Applebee's in Oak Park Heights to help us receive 15% of the profits to go towards Stuff the Bus!



Dining To Donate

Enjoy A Meal That's Filling and Fulfilling.

Stuff the Bus

Needs Your Support

Applebee's® will donate 15% of your check when you dine at

*13625 60th St N
Oak Park Heights
(651) 439-8116*

Present this to your server

July 25th 2017

Support Stuff the Bus!

HELP LOCAL KIDS SUCCEED!

SUPPORT STUFF THE BUS!

Donate school supplies and
volunteer to pack supplies
at Stillwater Area High School
on August 15, 5-6:30



Drop off school supplies at

Community Thread • DiaSorin
First State Bank & Trust • Lake Elmo Bank
United Way of Washington County-East

New Opportunity!

On average teachers spend over \$400
on school supplies. Donate cash
and gift cards for local teachers!
Donate online at www.uwwce.org/donate
designate to Stuff the Bus

Click the image for more information

Agency Spotlight - Community Thread

This year Community Thread celebrates 50 years of service in the St. Croix Valley. As one of the first volunteer centers in the state of Minnesota, they continue to strengthen our community by harnessing the passion of volunteers and providing services that help older adults remain self-sufficient.

Research shows that when people are more socially connected, they live happier, healthier lives. Community Thread strives to build on that by creating a community where all people are engaged, enriched and connected.

One way that United Way of Washington County-East supports Community Thread is through their Older Adult Program. With locations in Stillwater and Bayport, Community Thread's Senior Centers are friendly places where older adults receive support to remain independent and participate in community life through activities and volunteer opportunities.

Community Thread is also passionate about volunteerism. Their Volunteer Center makes finding the right volunteer opportunity a simple process using a searchable database that links volunteers to meaningful experiences throughout the St. Croix Valley. You may be familiar with Community Thread's signature service initiatives - Spring into Service, River Rally, Rake a Difference Day and Holiday Hope. These events engage over 1,000 volunteers each year and support older adults, low-income families and local nonprofits - all right here in our community!

Volunteers also play a central role in helping Community Thread address the aging community's needs. Through their Chore Services and Transportation Program they engage volunteers who assist with home maintenance tasks and provide transportation to medical appointments - services that are critical to helping older adults stay self-sufficient.

Thank you, Community Thread, for your commitment to creating self-sufficiency in our community!





Fare For All - Food That Makes Cents

Produce Pack

- 4 Gala Apples
- 1 Lemon
- 1 Sleeve Celery
- 2 lbs. Sweet Potatoes
- 1 lb. Carrots
- 2 lbs. Onions
- 5 lbs. Red Potatoes

10

FARE FOR ALL
Food that makes Cents

Fare For All is a cooperative food buying program. As more people participate in the program, better prices are secured from whole salers. So the more people participate the better the deals. Fare For All offers healthy foods at a discounted price. Packages of fruit, vegetables, and frozen meats can be purchased for up to **40% off retail prices**.

This discounted shopping program is open to everyone. Just come to shop. No preregistration, registration or identification required. Fare For All accepts cash, credit, debit and EBT cards.

Hot Buy of the Month -

Hormel Spareribs!
Hormel Natural Choice Spare Ribs (5.5 lbs/ \$12.00) Limit 1 per household and Avocados \$1.25 each Limit 2 per household!

Fare For All will be hosted **Tuesday, July 18** from **4:00 - 6:00 pm** at the **Stillwater Junior High School**.

At United Way of Washington County East, our mission is to unite our community and local resources to give each person the opportunity to build a better life.



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