Give to the Max 2017





Help us reach our matching gift of \$2,000 sponsored by the United Way of Washington County East Board of Directors

The United Way of Washington County East partners with 21 local agencies to work collaboratively to achieve lasting change in our 4 focus areas:

YOUTH - BASIC NEED - HEALTH - SELF-SUFFICIENCY

Your continued support helps us fund over 40 essential programs that unite our community and local resources to give each person the opportunity to build a better life.

Safe housing to homeless youth and families who have nowhere else to turn

Healthy food for a child to eat over the weekend, when they do not have access to the free or reduced lunch programs

Emergency financial assistance for families in a crisis situation

Youth Intervention for children, youth and families by helping them address emotional and behavioral health issues

Help us reach our goal of \$5,000 by donating today!

By donating today you are helping to **UNITE** our community and fund programs to serve the priority needs in our community!

Scheduled Giving for Give to the Max Day 2017 begins at 12:00 a.m. CST November 1. All gifts made from November 1st through 11:59pm CST on November 16th will count towards Give to the Max Day.

Click here to donate!

Agency Spotlight - Family Means

Founded in 1963, the mission of FamilyMeans is to strengthen communities by strengthening families, whether defined by blood or by bond. The agency served 61 families in their first year, and now serves around 15,000 people annually. To put that number in context, the population of Stillwater is about 18,000.

FamilyMeans is dedicated to serving the needs of individuals and families who are facing challenging or changing circumstances. They do this by providing a wide range of programs for all ages. Financial Solutions (formerly Consumer Credit Counseling Services) helps people establish financial stability and to maintain it through budget counseling, debt repayment programs and other services. Counseling & Therapy services are offered at their welcoming Stillwater offices, in many schools throughout the area, and at the Center for Grief & Loss, which is a specialized mental health clinic in Saint Paul. Caregiving & Aging is a quickly growing program that provides education, respite and support for caregivers of those with a health problem, long-term illness or disability, such as dementia. FamilyMeans also offers Youth Development in the communities of Cimarron and Landfall, providing a variety of afterschool and summer activities. Finally, Employee Assistance teams with employers in Minnesota and Western Wisconsin to bring out the best in their employees by offering all of the above programs, as well as legal consultation referrals.

FamilyMeans serves all who request their help, regardless of their ability to pay. And with the wide range of services they offer, it's more than likely that you or someone you know could benefit from one of their programs at some point in their life. United Way of Washington County East has a strong, long-standing partnership with FamilyMeans to provide their valuable resources to local families and individuals. Funding from UWWCE helps to continue the programs needed to strengthen families, which in turn strengthen our community. To learn more about FamilyMeans, call 651-439-4840 or visit www.familymeans.org.





Visit White Castle from 4-10pm on Wednesday, November 15th and 15% of the proceeds will go to United Way of Washington County East!

Fare For All - Food That Makes Cents



Fare For All is a cooperative food buying program. As more people participate in the program, better prices are secured from wholesalers. So the more peopleparticipate the better the deals. Fare For All offers healthy foods at a discounted price. Packages of fruit, vegetables, and frozen meats can be purchased for up to 40% off retail prices.

This discounted shopping program is open to everyone. Just come to shop. No preregistration, registration or identification required. Fare For All accepts cash, credit, debit and EBT cards.

Hot Buy of the Month -



Fare For All will be hosted Tuesday, November 14th 4pm - 6pm at Stillwater Junior High School.

If you are interested in making a donation to United Way of Washington County East, please click <u>here</u>

At United Way of Washington County East, our mission is to unite our community and local resources to give each person the opportunity to build a better life.



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